

Cynergy Dance Class Schedule

Spring 2012- Jan 2-May 31

Monday

	STUDIO 1		STUDIO 2		STUDIO 3
Hip Hop Basics	3:45-4:30	Pre-Ballet Tap 3-4 yrs	4:00-4:45	Ballet I	4:30-5:45
Jazz I	4:45-5:30	Ballet Tap Jazz Basics 5-7 yrs	4:45-5:30	Leaps & Turns I-II	5:45-6:30
Karisma Dance Team	5:45-7:30	Pre-Ballet Tap 3-4 yrs	5:45-6:30	Leaps & Turns II-III	6:30-7:15
Adult Belly Dance I	7:30-8:30	Hip Hop I	6:30-7:30	Jazz II	7:15-8:00
Adult Belly Dance II	8:30-9:30	Modern	7:30-8:30	Cardio Dance Fitness I	8:00-9:00
		Hip Hop I- II	8:30-9:15		

Tuesday

	STUDIO 1		STUDIO 2		STUDIO 3
Pre-Ballet Tap	10:00-10:45	Ballet, Tap, Jazz Basics	3:45-4:30	Ballet II	4:15-5:30
Ballet, Tap, Jazz Basics	10:45-11:30	Lyrical II	4:45-5:30	Fusion Dance Team II	5:30-7:30
Jazz II	4:00-4:45	Ballet I	5:45-6:45	Leaps, Turns, Jazz II	7:30-8:30
Jazz I	5:00-5:45	Lyrical I	6:45-7:30	Adult Burlesque Jazz	8:30-9:15
Hip Hop I	5:45-6:30	Hip Hop II	7:30-8:15		
SALSA Dance- Adult NEISD 6 wks only	6:30-7:30				
SALSA Dance- Adult NEISD 6 wks only	7:30-8:30				

Wednesday

	STUDIO 1		STUDIO 2		STUDIO 3
Pre-Ballet Tap	10:00-10:45	Jazz I	4:00-4:45	Hip Hop I	4:00-4:45
Ballet, Tap, Jazz Basics	10:45-11:30	Hip Hop & Jazz Combo I	4:45-5:30	Lyrical II	4:45-5:30
Ballet Basics	4:30-5:30	Folklorico I	5:45-6:45	Hip Hop & Jazz Basics	5:30-6:30
Ballet I-Adult	5:30-6:30	Folklorico II	6:45-7:45	Salsa- NEISD 6 wks only	6:30-7:30
Leaps, Turns, Jazz I-II	6:30-7:30	Hip Hop & Jazz Combo I	7:45-8:45	Cardio Dance Fitness I	7:30-8:30
Adult Belly Dance I	7:30-8:30				
Adult Belly Dance II	8:30-9:30				

Thursday

	STUDIO 1		STUDIO 2		STUDIO 3
Pre-Ballet Tap	10:00-10:45	Lyrical II-III	4:30-5:30	Ballet II-III	4:15-5:30
Ballet Tap Jazz Basics	10:45-11:30	Lyrical I	5:30-6:30	Dancyn Dolls Team	5:30-7:30
Jazz Basics	4:00-4:45	Hip Hop & Jazz I	6:30-7:30	Leaps & Turns & Jazz II-I	7:45-8:30
Tap I	4:45-5:30	Ballet II	7:30-8:30	Hip Hop II-III	8:30-9:15
Jazz, Leaps & Turns Combo I	5:30-6:30	Hip Hop & Jazz I	6:30-7:30		
Modern I-II	6:30-7:30				
Adult Jazz I	7:30-8:30				
Adult Lyrical I	8:30-9:15				

Friday

	STUDIO 1		STUDIO 2		STUDIO 3
Symmetry Performing Arts-Ballet Basics	5:00-6:00			Folklorico Basics	4:30-5:30
Symmetry Performing Arts- Ballet I	6:00-7:00			Folklorico II	5:30-6:30
Symmetry Performing Arts	7:00-8:00			Adult Folklorico I	6:30-7:30

Saturday

	STUDIO 1		STUDIO 2		STUDIO 3
Ballet Basics	9:00-10:00	Pre-Ballet Tap	9:00-9:45	Ballet, Tap, Jazz Basics	9:45-10:30
Leaps, Turns, Jazz I	10:00-11:15	Jazz & Hip Hop Basics Combo	10:30-11:15	Leaps, Turns, Jazz II	11:15-12:30
		Tap Basics	11:15-12:00		

Sunday

Gentle Yoga Class	12:30-1:20	*Class Rates For Yoga : Drop In \$12, 4 classes \$40, 8 classes \$80, 10 classes \$100
		For More information On Yoga Class: Visit: followyourblissyyoga.net or Call 210-365-8016.

Enroll For Class Online@ cynergydance.com or Call 210-363-3363

2250 Thousand Oaks Dr. Ste 110 San Antonio, TX 78232